

Andrea Sesterheim

Systemic counselor & coach, trainer in rhetoric

Personal data & Qualification

Born 1963

Languages: English, German

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- 1995-1998 DVNLP-Trainer Dr. Roderich Heinze in Hamburg
- 1995-1998 Psychodrama Christa Ritzenthaler-Schütze Düsseldorf
- 1998-2002 Feldenkraispractitioner Mia Segal at the Mia-Segal-Feldenkrais-Academy Nijmegen
- 2000-2001 Provocative therapy Frank Farelly and Dr. Eleonore Höfner at the German Institute for provocative therapy Munich
- 2002-2003 Systemic counselor/coach Dr. Gunther Schmidt at the Milton-Erickson-Institut Heidelberg
- 2003 Accredited TMS Trainer Hartmut Wagner Düsseldorf
- 2006 Improvisation-theatre VitaminT4Change in Munich and Keith Johnstone at the German Institute for provocative therapy Munich
- 2006 Method Acting John Costopoulos Cologne
- 2006-2012 Vocal studies Sybille Hummel Cologne
- 2012 Accreditation INSIGHTS MDI Berlin
- Since 2008 Systemic structural constellations Mathias Varga von Kibèd, Kloster Heisterbach

Consulting Focus

- team development/conflict management
- leadership development
- rhetoric/techniques of presenting
- moderation/Train The Trainer
- meeting efficiency